

PelvicCon Agenda

Thursday, Sept 7

11:00am - 4:00pm Pre-Con: Pessary Fitting*
Taryn Hallam, PT

4:00 - 5:30pm Early Registration & Happy Hour

Friday, Sept 8, 2023 - Contact Hours: 7.5

6:45am	Registration, Breakfast	12:00pm	Lunch <i>Clinician's Lunch with Jessica & Nicole*</i>
8:00am	Welcome & Conference Kick-Off Nicole Cozean, PT, DPT, WCS Jessica Reale, PT, DPT, WCS	1:30pm	"Diastasis Rectus Abdominis: Helping the Whole Person, Not the Gap" Munira Hudani, PT
	"The Evil Triplets of Pelvic Pain: What can we do about Endometriosis, Interstitial Cystitis and Pudendal Neuralgia?" Michelle Lyons, PT, MISCP		"Pessaries 101: What You Need to Know" Taryn Hallam, PT
	"Exhausted to Alive: A Mind-Body Medicine Approach to Healing Fatigue, Anxiety and Chronic Pain for People with Endometriosis and other Chronic Pain Conditions (Part 1)" Jessica Drummond, DCN, CNS, PT, NBC-HWC		Break
	Break		"Rehabilitation Interventions to Support Fertility" Yeni Abraham, PT, DPT
	"Sex Counseling for the Pelvic Rehab Professional" Uchenna Ossai, PT, DPT, WCS, CSC	5:20pm	Closing & Adjourn
	"Anal Sex: What Pelvic Rehab Providers Need to Know" Jake Bartholomy, PT, DPT	5:30pm	Happy Hour

*Add-Ons



PelviCon Agenda

Saturday, Sept 9, 2023 - Contact Hours: 6.75

6:45am	Registration, Breakfast	12:00pm	Lunch <i>Business Owner's Lunch with Jesse Cozean & Andrew Reale*</i>
8:00am	"Ask me Anything" PelviCon Speakers	1:30pm	Living Well After Hysterectomy: What Do We Need to Consider?" Michelle Lyons, PT, MISCIP
	"From Pain to Pleasure: Strategies to Facilitate Sexual Well-Being" Uchenna Ossai, PT, DPT, WCS, CSC		"Abdominoplasty: Navigating the 'Mommy Makeover'" Munira Hudani, PT
	"Religious and Cultural Considerations in Pelvic Health" Yeni Abraham, PT, DPT		Break
	Break		"Exhausted to Alive: A Mind-Body Medicine Approach to Healing Fatigue, Anxiety and Chronic Pain for People with Endometriosis and other Chronic Pain Conditions (Part 2)" Jessica Drummond, DCN, CNS, PT, NBC-HWC
	"Stress Incontinence: Pelvic Floor and Urethral Considerations in Rehabilitation" Taryn Hallam, PT	4:10pm	Closing Nicole Cozean, PT, DPT, WCS Jessica Reale, PT, DPT, WCS
	"Evaluation and Treatment Strategies for Erectile Dysfunction" Jake Bartholomy, PT, DPT	4:45pm	Happy Hour!
		7:00pm	Close-Out Dinner*

Sunday, Sept 10

8:00am - 12:00pm Post-Con: Labor, Delivery and Birth*
Juan Michelle Martin, PT, DPT, IPHS
Amber Brown, PT, DPT, WCS, CD(DONA), CLT, RYT-200

*Add-Ons

